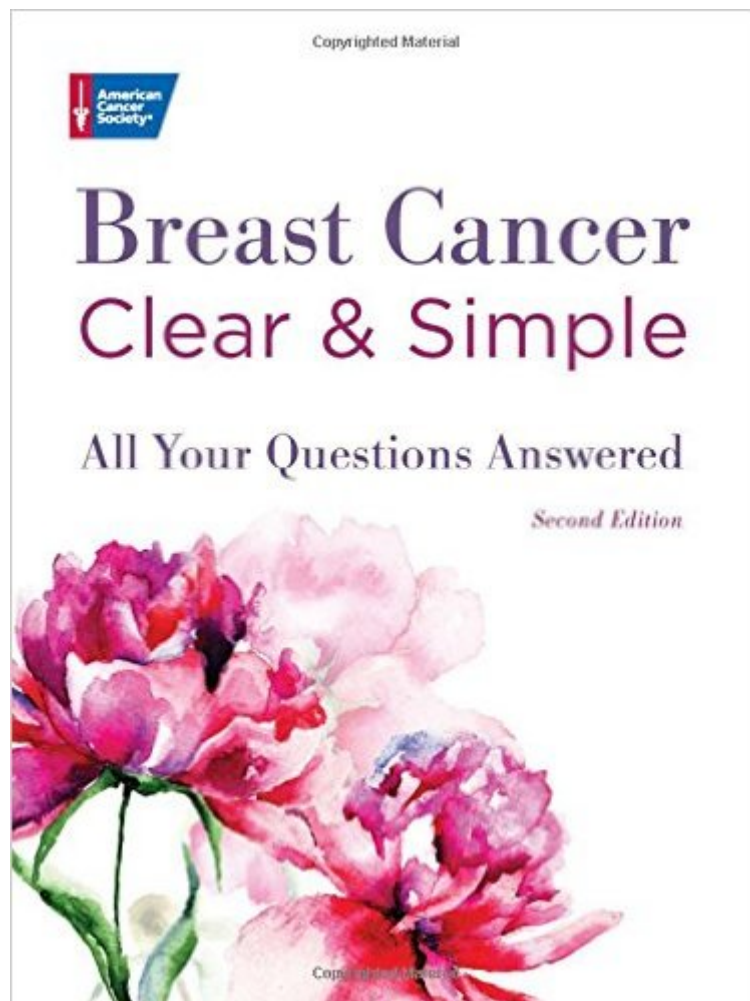


The book was found

Breast Cancer Clear & Simple, Second Edition: All Your Questions Answered (Clear & Simple: All Your Questions Answered Series)



Synopsis

A breast cancer resource for the newly diagnosed from the experts at the American Cancer Society

With an easy-to-understand, question-and-answer format, this book guides patients through the important decisions they'll need to make, from diagnosis through treatment. It helps women with breast cancer and their caregivers know what to expect, what to do, and how to get through what can be an overwhelming, life-changing experience. This new edition includes tips for choosing the right doctor, understanding treatment choices, dealing with the effects of treatment, seeking support groups, and much more. A list of specific resources for patients, as well as a glossary of terms related to breast cancer, is also included.

Book Information

Series: Clear & Simple: All Your Questions Answered series

Paperback: 208 pages

Publisher: American Cancer Society; 2 edition (August 22, 2016)

Language: English

ISBN-10: 1604432365

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Product Dimensions: 6 x 0.6 x 7.9 inches

Shipping Weight: 12.8 ounces (View shipping rates and policies)

Average Customer Review: 3.0 out of 5 stars See all reviews (3 customer reviews)

Best Sellers Rank: #260,090 in Books (See Top 100 in Books) #55 in Books > Medical Books > Medicine > Preventive Medicine #87 in Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Cancer > Breast Cancer #743 in Books > Health, Fitness & Dieting > Women's Health > General

Customer Reviews

This is a quick & easy read, good for right after your diagnosis. Nothing too complicated, just straight forward answers. Has lots of good websites it refers to, but so does the American Cancer society website.

Most books like this are overwhelming or try to tell you too much too soon. This book has all the information in a very easy to understand way. The book also has room for notes and tells you how to talk to your doctors about the cancer. Overall, it is a very helpful, basic book, that I think could benefit anyone who feels that they want information in a way that is clearly stated and has the

authority of the experts at the cancer society.

There are many people who cure (themselves) from cancer (and other diseases, for that matter). A few things they all seem to have in common: They take responsibility for their health/sickness away from doctors or anyone else. They get rid of negative feelings (like anger, grudge, helplessness and, most of all, by doing this, FEAR). In other words, they CHANGE their lifestyle (most of the time they also take control of what they eat - which is where this book comes in handy). But most important (together with finding peace of mind): They give their body TIME TO HEAL ITSELF! [...] Hope this will be of help for a few people.

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